



# MIRAMAR COLLEGE

AND

## THE SAN DIEGO REGIONAL LIFEGUARD TRAINING PROGRAM PRESENT:



### The Open Water Lifeguard Training Series

*Supported by the following lifeguard agencies:*

*Cal State, Camp Pendleton, Coronado, Encinitas, Imperial Beach, North Island, Oceanside, San Diego, Solana Beach*

2010

### Training Schedule:

Course #	Course Title and Contact	Units/Hours	Date(s)	Location (lecture portion)
ADJU 356A	Peace Officer Orientation II (POST 832) "Laws of Arrest" Steve Lickiss, Instructor Jordan Omens, Instructor  (on-line enrollment)	2.5 Units/40 Hours 0800 – 1630 hrs. (5 days)  0800 – 1830 hrs. (4 days)	CRN #41426 - Jan. 4, 5, 6, 7, 8, (MTWThF)  CRN #66482 – March 29, 30, 31; April 1 (MTWTh)	Classroom #A223  Classroom #A223
ADJU 356B	Peace Officer Orientation II (POST 832) "Firearms" Steve Lickiss, Instructor Jordan Omens, Instructor Jim Soeten (on-line enrollment)	1.0 Unit 0800 – 1700 hrs. (3 days)	CRN #67308 - Jan. 9, 10, 16 (SSu)	Miramar Range
FPT 163	Personal Water Craft Ops Lois LaChusa (619) 221-8844 – contact for enrollment	1.0 Units/40 Hours 0800 - 1850 hrs. (4 days)	<u>Course #1 – CRN#94538</u> March 10, 11, 12, 13 <u>Course #2 – CRN #</u> October 6, 7, 8, 9 (WThFS)	<u>Course 1</u> Encinitas City Hall, Moon Light Beach <u>Course 2</u> Imperial Beach Lifeguard Headquarters
FIPT 160	Intro to Open Water Lifeguarding Lois LaChusa (619) 221-8844  (on-line enrollment)	3 Units/80 Hours 0800 – 1920 hrs. (8 days; 10 hrs./day weekends)	<u>Course 1 – CRN #91549</u> April 10, 11, 17, 18, 24, 25; May 1, 2 (SSu)  <u>Course 2 – CRN #91555</u> April 24, 25; May 1, 2, 8, 9, 15, 16 (SSu)  <u>Course 3 – CRN #92074</u> May 15, 16, 22, 23, 29, 30; June 5, 6 (SSu)	NTC Bldg. #608, Classroom #1  North County Oceanside Lifeguard Headquarters, 301 North The Strand, Oceanside  NTC Bldg. #608, Classroom #1
FIPT 206A	Training Instructor 1A Charlene Nagy (619) 441-1693 (registration form see website <a href="http://www.heartlandfiretraining.org">http://www.heartlandfiretraining.org</a> )	2.0 Units 0800 – 1630 hrs.	April 26, 27, 28, 29, 30 (MTWThF)	Heartland Fire Training Facility, 1301 N. Marshall, El Cajon, 92020
FIPT 206B	Training Instructor 1B Charlene Nagy (619) 441-1693 (registration form see website <a href="http://www.heartlandfiretraining.org">http://www.heartlandfiretraining.org</a> )	2.0 Units 0800-1630 hrs.	May 17, 18, 19, 20, 21 (MTWThF)	Heartland Fire Training Facility, 1301 N. Marshall, El Cajon, 92020
No #'s assigned Accreditation pending	Boating Safety and Enforcement (Dept. of Boating and Waterways Course) Mary Thomas (916) 263-8185	1.5 Units (5 days)	February 8 – 12 March 8 – 12 June 14 – 18 (MTWThF)	Castaic San Diego Sacramento

- See Miramar College's class schedule for additional dates and recertification classes via the Internet <http://www.miramar.edu>

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Course #	Course Title and Contact	Units/Hours	Date(s)	Location (lecture portion)
FIPT 309A	American Red Cross Emergency Response Lois LaChusa (619) 221-8844	1.5 Units/44 Hours 1800 - 2200 hrs. (11 days; 4 hrs./day)  Course 2 0800 – 1700 hrs. (5 days; 8 hrs./day; ½ day; 4 hrs.)	Course 1 – CRN #92038 April 13, 15, 20, 22, 27, 29; May 4, 6, 11, 13, 18 (TTh) Course 2 – CRN # June 14, 15, 16, 17, 18, 19 (Sat. 4 hrs. testing) (MTWThF)	NTC Bldg. #608, Classroom #1  NTC Bldg. #608, Classroom #1
AJ 361	Lifeguard Vehicle Operations/Code 3 Driving (Includes ATV) Lois LaChusa (619) 221-8844	.5 Units/16 Hours 0800 - 1720 hrs. (2 days)	CRN # June 22 & 23 (TW)	Coronado
FIPT 311M	Swiftwater Rescue Technician 1 Stacy Rodgers (619) 221-2142  Swiftwater Rescue Technician 1 Lois LaChusa (619) 221-8844	1 Unit/30 Hours Time: TBA  1 Unit/30 Hours Time: 0800 – 1850 hrs.	TBA  CRN # October TBA (ThFS)	NTC Bldg. #608, Classroom 1 (1 <sup>st</sup> Day)
EMGM 105	Emergency Medical Technician (EMT)/Aquatic Environment Lois LaChusa (619) 221-8844	6 Units 1800 – 2210 hrs. Lab: 0800 – 1720 hrs.	CRN #69013 Feb. 1 – May 13 Mons. & Thurs. Saturdays Lab TBA  CRN # TBA Mons. & Thurs. Saturdays Lab TBA	NTC Bldg. 479  NTC Bldg. 479
FIPT 310A	Incident Command Systems 200 Heartland Fire Training Facility, 1301 N. Marshall, El Cajon, 92020	1 Unit	On-line	N/A
FIPT 310B	Intermediate Incident Command I-300 Charlene Nagy (619) 441-1693 (registration form see website <a href="http://www.heartlandfiretraining.org">http://www.heartlandfiretraining.org</a> )	1 Unit Time: 0830 – 1730 hrs.	Jan. 6, 7, 8 (WThF)	Heartland Fire Training Facility, 1301 N. Marshall, El Cajon, 92020
FIPT 162	Rescue Boat Operations (Dept. Of Boating and Waterways Course) Mary Thomas (916) 263-8185	1.5 Units/40 Hours (5 days)	March 29 – April 2 October 18 – 22 November 1 – 5 (MTWThF)	Los Angeles Los Angeles San Diego
FIPT 243	Rescue Systems I San Diego Chiefs Training Officers Association (619) 334-8183 For more information, go to <a href="http://www.sdcto.org">www.sdcto.org</a> or <a href="mailto:www.info@sdcto.org">www.info@sdcto.org</a>  D. Sheean, Instructor S. Peters, Instructor	1.5 Units (5 days) Time: 0800 – 1630 hrs.	CRN #94145 – Feb. 22, 23, 24, 25, 26 CRN #93395 – April 12, 13, 14, 15, 16 (MTWThF)	Camp Elliott (USMC) A-Range Highway 15 & 163 San Diego, 92145
FIPT 115	Low Angle Rope Rescue San Diego Chiefs Training Officers Association (619) 334-8183 For more information, go to <a href="http://www.sdcto.org">www.sdcto.org</a> or <a href="mailto:www.info@sdcto.org">www.info@sdcto.org</a> S. Peters, Instructor	.5 Units Time: 0800 – 1630 hrs.	CRN #93374 – Jan 20, 21, 22 (WThF) CRN #93383 – March 9, 10, 11 (TWTh) CRN #93400 – May 19, 20, 21 (WThF)	Camp Elliott (USMC) A-Range Highway 15 & 163 San Diego, 92145

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FIPT 121	Vertical Rescue San Diego Chiefs Training Officers Association (619) 334-8183	2.0 Units	TBA	TBA
FIPT 121	Coastal Cliff Rescue	2.5 Units/40 Hours Time: 0630 – 1200 hrs.	CRN # _____ TBA	NTC Bldg. #608, Classroom #1
FIPT 167A	SCUBA for Emergency Services 1 Lois LaChusa (619) 221-8844	2.0 Units/52 Hours Time: Various	TBA	TBA
FIPT 167B	SCUBA for Emergency Services 2 Lois LaChusa (619) 221-8844	1.0 Unit/40 Hours Time: Various	TBA	TBA

FOR THE FOLLOWING COURSES, PLEASE CONTACT MIRAMAR COLLEGE AT (619) 388-7844 OR ON THE INTERNET –  
<http://www.miramar.sdccd.net/schedule> FOR DATES, TIMES, LOCATIONS:

<u>COURSE NAME</u>	<u>COURSE REF. #</u>		
Criminal Law I	ADJU 102 CRN #65791 (3.0 Units)	Jan 25 – May 22 (Days: TBA)	Miramar – Online
	CRN #58878 W. Lickiss, Instructor	Jan 25 – May 22 (Tues's, 1:15 p.m. - 4:25 p.m.)	A223
	CRN #58880 W. Lickiss, Instructor	Jan 25 – May 22 (Tues's, 6:35 p.m. – 9:45 p.m.)	A223
Report Writing	ADJU 167 CRN #44018 (3.0 Units) S. Naliboff, Instructor	Jan 25 – May 22 (Wed's 6:35 p.m. – 9:45 p.m.)	A221
Hazardous Mat. Basic Course	ADJU 321A	TBA	
Rescue Systems II		TBA	

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